Program of FINA Clinics for Coaches

Discipline: Artistic Swimming

Host: FINA Development Centre Kazan

Dates: April'17-21, 2019

Location: Aquatics Palace, conference room on the 3rd floor.

Lecturer - Mrs. Jennifer Gray (United Kingdom)

Date&time	Duration, hours	Subject
April'17 (Wednesday)		
14:00-18:00		Arrival & Registration of the participants. Introduction to the program.
April'18 (Thursday)		
14:30-16:00	1,30'	Selection of children for Artistic Swimming Testing of special physical qualities in Artistic Swimming
19:00-20:00	1	Use of music
April'19 (Friday)		
15:00-15:45	1	Acrobatics on the water. Key principles
20:00-20:45	1	Acrobatics on the water. Key principles
April'20 (Saturday)		
15:30 -17:00	1,30'	Technical elements, Juniors
20:00-20:45	1	Technical elements, Seniors
April'21 (Sunday)		
8:30:10:00	1,30'	Highlight
12:00-13:30	1,30'	Classification of elements difficulty in the highlight. Judges' assessment of the highlight elements
13:25 -13:45		Certificates' distribution